



THE WELL

WELL KIDS: HARD TIMES

DEAR WELL PARENTS,

During this uncertain time of coronavirus, i want to provide you with resources to help you EXALT the lord as families, DISCIPLE your children, and be SENT out to your communities. to help with this and bring comfort and peace to your homes, i would recommend doing a few things as a family all of which pertain to worship.

ONE: PRAY

Take time as a family and pray for the following:

- Pray for leaders in our government who are making big decisions about this right now.
- Pray for healing for those who are sick.
- Pray for those who may feel alone and afraid.
- Pray for God to show you how to love and care for any neighbors that you can.
- Pray and ask God to help you trust Him during this time.
- Pray for joy in the small moments that come only through stillness like right now.

TWO: READ SCRIPTURE

Talk about various scriptures that show that God is good, God is in Control, and God loves us. I have suggested a few verses below, but encourage you to read others as well. The more we saturate our hearts with scripture, the more peace we will experience and love we will be able to share. We don't need to fear because our God has already planned out our days, and He has good plans for us. If you have older elementary kids, maybe ask them to look up some of the verses below:

God is good - Psalm 27:13, Psalm 31:19, James 1:17, 1 John 1:5

God is in control - Isaiah 41:10, Isaiah 45:5-7, Hebrews 1:3

God loves us - John 3:16, Romans 8:31-32, 1 John 4:9-16

THREE: WORSHIP

Turn on praise music and sing out to the Lord as a family. As we worship, fear will start to disappear and peace will fill our hearts.

I pray for your families each day and trust the Lord to move in big ways through these confusing times. If you need anything, please reach out.

Blessings,

ELIZABETH KEITH Children's Ministry Director